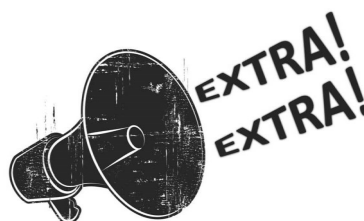


Resources for Survivors of Domestic Violence and Sexual Assault

### Connect with Bright Horizons

By: Linda Olson; Executive Director

Bright Horizons began mailing out a quarterly newsletter in 2004. Since that time, we have increased our mailing list to 772 individuals and email to another 908 individuals. This has been a great way to share news about our agency throughout our ten county service area.



**READ ALL ABOUT IT!!!**

As technology has evolved, we are planning on changing with the times. We are moving towards a digital model to share our news so this will be the last quarterly newsletter that we mail and email out.

Our goal is to share news more frequently and in a timelier manner. We will be utilizing our website, Facebook and Twitter accounts to post updates on our program. We encourage you to follow us on Facebook and Twitter and to subscribe to updates on our website.

To subscribe to website updates go to [www.brighthorizonsne.org](http://www.brighthorizonsne.org). Under the "About Us" tab, click on "Blog". That will take you to our news page. On the left hand side of that page you can add your email address to subscribe to updates. This will allow you to keep up with Bright Horizons and the work that we are doing.

We currently have 1,625 followers on Facebook. Our updates will also be posted on Facebook with a link to the article.

This December we will be publishing our first ever annual report. This will be a comprehensive report on our agency's activities and a wrap up of the previous fiscal year. Those who are on our current newsletter list will continue to receive the annual report. If you would like to subscribe please email [emily@brighthorizonsne.org](mailto:emily@brighthorizonsne.org). We would like to thank all of our followers, supporters, and newsletter recipients for staying connected to our agency. We look forward to keeping in touch!

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#### Board of Directors

Amanda Nipp, President  
Lori Lee, Vice President  
Stephanie Brundieck, Secretary  
Jenny Bender  
Chaplain Randy Rodenborg  
Detective Ben McBride  
Sara Twibell  
Stephanie Suckstorf, Treasurer  
Jessica Gordon  
Nancy Trimble, PA-C  
Cathy Wells  
Bruce Okamoto  
Kelli Lowe, Emeritus Status

# Volunteer Spotlight

April was Volunteer Appreciation Month and volunteers are a huge part of our agency! We would like to give a big shout out to all of our amazing and dedicated volunteers for all the hard work they do!  
WE APPRECIATE YOU!



Amanda Nipp	Envisions of Norfolk Inc.		
Ben McBride	Gena Jones	Linda Asher	Stephanie Suckstorf
Brandy Starman	Heidi Wedgie	Lori Lee	Steve & Karen Warner
Cathy Wells	Jenny Bender	Mike Schmidt	Susan Green
Carleen Warrack	Jessica Gordon	Nany Trimble	Suzi Chipps
Carol Cruise	JoJo Boyle	Randy Rodenborg	Tiffany Goetz
Charlotte Christensen	Kelly Polt	Rosemary Rutten	Tylynne Bauer
Dana Nielsen	Kris Harvey	Sara Twibell	Women's Empowering Lifeline
Dawn Meyer	Laurie Morrow	Stephanie Brundieck	

## The Set Me Free Project

By: Kerry Clevinger; O'Neill Outreach Coordinator

The Set Me Free Project is a nonprofit organization focused on fighting sex trafficking through prevention education for youth and families. The curriculum is informative, interactive, and flexible – reaching students (3rd-12th grade), educators, parents and leaders in every facet of our communities. The mission is to stop human trafficking before it starts. The Set Me Free Project is unique in that it uses interactive, age appropriate curriculum in every presentation. It focuses on defining human trafficking and helping students identify why and how they could be at risk. The project provides a foundation for all students to recognize the intrinsic value in every human being. On March 26<sup>th</sup> Bright Horizons and Set Me Free presenter, Stephanie Olson, were in the Ainsworth Community Schools, who hosted the Keya Paha County High School 9<sup>th</sup>-12<sup>th</sup> grade for the afternoon presentation. In the morning the 7<sup>th</sup>-8<sup>th</sup> grades had a presentation. On March 27<sup>th</sup> we were in Bassett at the Rock County High School. The morning was the 7<sup>th</sup>-8<sup>th</sup> grade presentation and the afternoon was the high school students. The youth drama team from Saint Mary's Catholic School in O'Neill were able to present their drama. It was about dating violence and defining what consent is and isn't. It was a simple yet powerful skit. It is one thing to present information as an adult but to have youth present to youth was very powerful because it was peer to peer. Set Me Free also hosted an evening event for parents, businesses and interested citizens (adults only) that focused on social media safety, domestic abuse/dating abuse indicators, human trafficking grooming tactics/signs to look for, and identification of sexual/labor trafficking.





## **Sexual Assault Awareness Month**

*By: Emily Putters; Norfolk Outreach Coordinator*

Sexual violence is a widespread problem, but the good news is it is preventable. Prevention requires many voices and roles. There are many ways individuals, communities, and the private sector can take action to promote safety, respect, and equality. Prevention aims to stop sexual violence before it has a chance to happen. It is possible to create a community where everyone is treated with respect and equality. This can be done by promoting safe behaviors, thoughtful policies and healthy relationships. Prevention strategies that address the root causes and social norms that allow sexual violence to exist in the first place are the most effective. This means making the connection between all forms of oppression (including racism, sexism, homophobia, ableism, adultism, ageism, and others). Oppression creates a culture in which inequality thrives and violence is seen as normal. Many communities are already reducing the risk of sexual violence through efforts that promote safety, respect, equality, and accountability. All forms of oppression contribute to sexual violence. Oppression condones sexual violence, uses power over others, and excuses unfair treatment and harm. Consider how sexism, racism, and transphobia are used to silence violence and abuse. What are other examples? As individuals, all of us have a role to play in creating safe environments. We can all intervene to stop problematic and disrespectful behavior, promote and model healthy attitudes, behaviors, and relationships, and believe survivors and assist them in finding resources. The time for prevention is now. Join us in promoting safe behaviors, thoughtful policies, and healthy relationships. Your efforts are important and necessary. Together, we can create safe and equitable communities where every person is treated with respect.

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## **Denim Days**

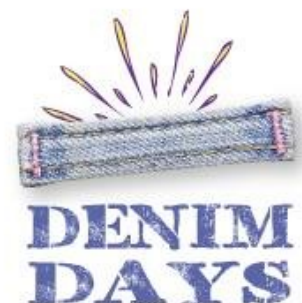
*By: Kerry Clevinger; O'Neill Outreach Coordinator*

April is Sexual Assault Awareness Month. Denim Days 2019 was a great way to use casual dress days to raise money for a great cause all through the month of April. Denim Days came about from the injustice and protest to a rape case that occurred in Italy in the 1990's. An 18-year-old girl was violently raped by her driving instructor. She was wearing denim jeans. He threatened to kill her if she told. With the support of her parents she pressed charges and the perpetrator was convicted of rape and sentenced to jail.

He appealed with the argument that, "because the victim wore very tight jeans, she had to help him remove them, and by removing the jeans it was no longer rape but consensual sex." Immediate reaction to the verdict pursued and women began to wear jeans to work. In April 1999, the first Denim Days was recognized in Los Angeles, California and has continued every year since, spreading throughout the nation. Wearing jeans to work on Friday's or any other determined day in April or selling free DENIM DAY COUPONS to employees is a great way for employers and employees and local business to support survivors of sexual assault.

All funds raised stay right here in our 10 county service area.

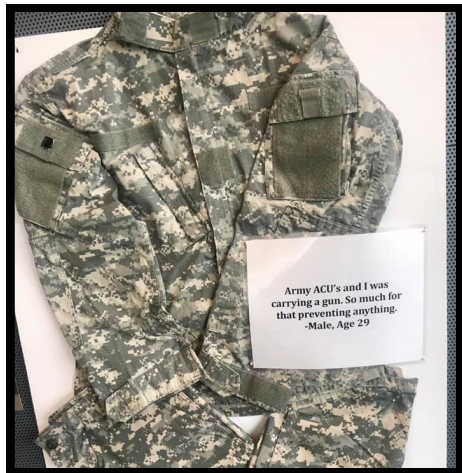
- Nearly 1 in 5 women in a national survey say they have been raped
- 44% of sexual assault and rape victims are under the age of 18
- Only 3 out of every 100 rapists will never spend a single day in prison.
- Almost 2/3 of rapes are committed by someone who knows the victim



## What Were You Wearing?

By: Felicia Rath; Campus Advocate

Survivors of sexual assault are often asked “what were you wearing when you were attacked?” This question implies that their clothes provoked the assault. This reflects the faulty reasoning that the victim is to blame and excuses their attacker. In an effort to dispel stereotypes and myths about rape this exhibit presents replicas of clothes worn by survivors of sexual assault. The exhibit was on display during the month of April at Northeast Community College and at Tyson Foods. The survivors who participated in this project reflect the truth about people targeted by sexual predators. Sexual assault has no boundaries. Any age, sex, culture, race, religion, education, economic status, employment, marital status can be a victim.



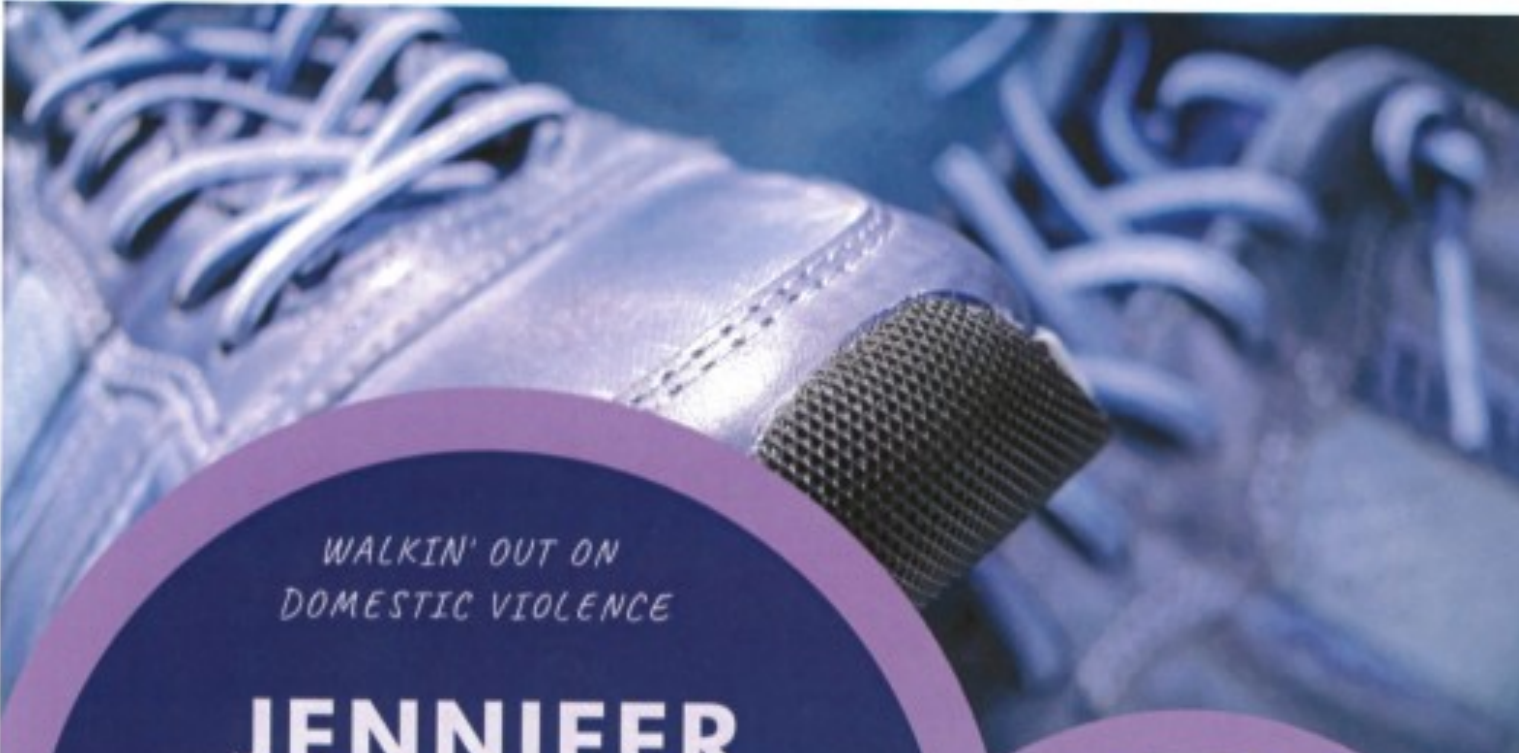
## Safebar Alliance

By: Emily Putters; Norfolk Outreach Coordinator

In partnering with our local health departments and their Responsible Beverage Server Trainings, Bright Horizons is on its second year of SafeBar Alliance trainings. The Safebar Alliance training provides education and bystander intervention training to participating bars and drinking establishments. Its goal is to keep both bar staff and patrons safer from predatory behavior, harassment, and sexual assault. Bar staff and patrons often witness alarming behaviors and are able to take action that can prevent sexual violence from happening, or help connect victims to the support and resources they need. The SafeBar Alliance training builds upon the skills and experience bar staff already have and educates them about sexual violence myths, consent, and drug and alcohol-facilitated sexual assault. It also gives staff strategies to help them safely deescalate or intervene in a potentially unsafe situation, and to become more confident in making these important decisions quickly. Because every bar has a unique staff, atmosphere, and clientele, each bar will discuss an individual intervention strategy that best meets their particular needs. Bar staff learn about how to utilize community resources like Bright Horizons who provide resources for survivors of domestic violence and sexual assault. Good things happen when we create an environment where everyone is working together and looking out for each other. If your bar or drinking establishment is interested in becoming part of the SafeBar Alliance, please call either Tori or Emily to schedule a training! Again, we would like to thank the North Central District Health Department and Elkhorn Logan Valley Health Department for their cooperation!







*WALKIN' OUT ON  
DOMESTIC VIOLENCE*

# JENNIFER SORRELLS MEMORIAL WALK

*BENEFIT FOR VICTIMS AND SURVIVORS  
OF DOMESTIC VIOLENCE*



O'NEILL HIGH SCHOOL TRACK  
540 EAST HYNES AVE.  
O'NEILL, NE 68763

- Open to the public!
- Refreshments and water provided
- Speakers on Domestic Violence

*Wear your walking shoes!*

*Bring your family and friends!  
We'll have games for prizes,  
Including a TV and quilt raffle  
for \$5 a ticket!*

**JULY 13TH, 2019  
6:00 PM - 9:30 PM**

ALL PROCEEDS FOR JENNIFER'S WALK WILL BE DONATED TO  
BRIGHT HORIZONS FOR VICTIMS OF DOMESTIC VIOLENCE

## Education Available

Bright Horizons offers education on bullying, dating violence, healthy relationships, domestic violence, stalking, and sexual assault. We offer education for all ages, including schools, youth groups, and other organizations. If you are interested in having a speaker, please call the Norfolk, O'Neill, or Ainsworth office.

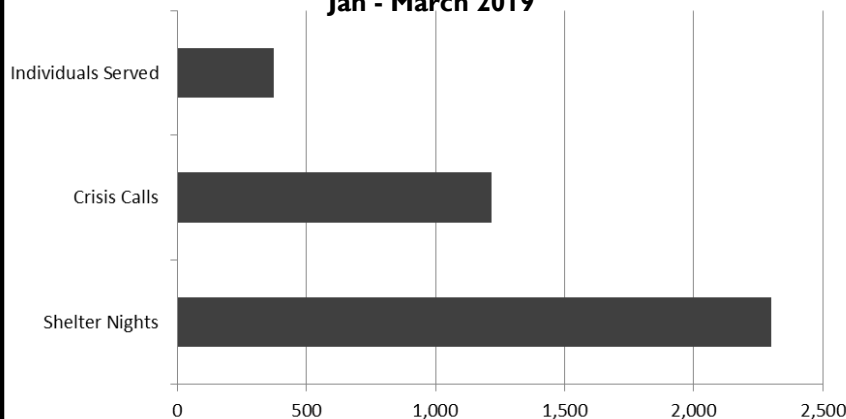
## Meet Our New Staff!

Hi, my name is Shanna Sullivan and I am the Ainsworth Program Director for Bright Horizons. My family moved to Ainsworth about 4 years ago, after my husband retired from the Air Force. Our last duty station was Creech Air Force Base located outside Las Vegas. We are a blended family consisting of me, my husband, our 4 boys, and our puppy Malachi. Our oldest attends college at Morehead State in Kentucky and our other three sons will be going into the 12th, 11th and 5th grades this fall in Ainsworth. They are all unique boys and we feel blessed to have them around. I am currently taking classes to get my BA in Addiction and Recovery from Liberty University. My husband Jeremy is also going back to school online, as well as volunteering with the EMS, the Airport Authority Board, and serving as the town's Mayor. I also served on the Ainsworth Chamber of Commerce. In my free time I love to travel, go kayaking, hiking, fishing and camping. I enjoy spending time with my family and friends. I have always had a heart for service and had a desire to help in the field of recovery so I was excited to see an opportunity open up in my town. I look forward to working for this agency and meeting everyone!



Hi! My name is Jade Hetzler and I am the new Norfolk Criminal Justice Liaison. I grew up in Stanton and have lived in Norfolk for 5 years. My fiancé, Dean, and I will be getting married in August. I recently just finished a 6 year enlistment with the National Guard as a corrections officer. In our free time, Dean and I love spending time with our niece and nephew, playing with our 3 black labs, Bo, Duke, and Riley, or going camping and fishing! I am very excited to be in this position and look forward to providing advocacy in our service area!

**Client Services**  
**Jan - March 2019**



### NOTE:

These numbers are unduplicated. This means if we worked with a victim 6 times in one month, we only count him/her ONE time for that month.

## Last Quarter Supporters of Bright Horizons

Ali Bryde	Misty Appledorn	Elkhorn Valley Bank & Trust—Norfolk (In honor of Fred Otten)	St. Francis Rosary Sodality—Neligh
Brenden Worden (In honor of Cal & LaRae Worden)	Nancy Kratz	Faith United Methodist Church—Tilden	St. John's Lutheran Church—Atkinson
Brooke Sherbeds	Pat Anson	FRHS Radiology Giving Fund Members—Norfolk	St. Joseph's Altar Society—Atkinson
Carol Dubsky	Patty Hamik	FRHS Women's & Children's Services—Norfolk	St. Michaels Episcopal Church—O'Neill
Carol & Orlin Olsen	Patrick & Cindy Cole	GFCW Clarkson's Women's Club	St. Paul's Lutheran School—Norfolk
Cheryl Christiansen	Paul Parshall	Hope Congregation Church—Naper	Target—Norfolk
Chirs Slaymaker	Philip Schulte	Lindy's Shear Creations—O'Neill	Thabor Lutheran Church—Wausa
Desirae Schwager	Robert & Reyne Viergutz	Norfolk City Education Association	Trinity United Methodist Church & Mission Team—Madison
Diane Uher	Serena Clarkson	Norfolk Memorials	Verdigre Methodist Women
Duane & Cindy Nelson	Scott Werner & Cindy Harrison	Norfolk Women's Club	Wellcare—Norfolk
Elaine Moschenross	Sharon Appelt	Our Savior Women of ELCA—Plainview	
Grace Coleman	Shirley Peterson	Peace United Church of Christ Women's Fellowship—Tilden	
Jennie & Rebecca Maroney	Tina Olson	Renewed Hope Christian Community—Norfolk	
Jennifer Schmidt	Tom Hansen & Ira Hirschfield—	Riverview Livestock 4H—Spencer	
Jennifer Timmerman	(In honor of Mary Gibson)	Salem Shell Creek & Zion Sunday School Class—Newman Grove	
Jill Anding	Alpha Lambda Chapter – Niobrara		
Jill & Scott Olsen	American Legion Riders—Norfolk		
Joni Moore	Boy Scout Troop #124—Norfolk		
Judy Werhle	Church of Jesus Christ of Latter Day Saints—Norfolk		
Kelli Montey	Digital Dreams Photography—Pierce		
Larry & Kathleen Kliment	Elgin Bargain Box		
LeAnn Sidak			
LouAnn Pribil			
Marian & Donald Roberg			
Mary Mlnarik			



## Bright Horizons Shelter Wish List

Paper Good Supplies  
Cleaning Supplies  
Air Fresheners  
Disinfectant Wipes/Spray  
Dish/Laundry Soap  
Fabric Softener  
Trash Bags— All sizes  
Light Bulbs 40-60 Watt  
Hand Soap  
Food Items  
Bottled Water  
Zip-Lock Bags/Tupperware



Bedding (Twin & Full)  
Storage Totes  
Ice Melt  
Coffee, Filters, & Creamer  
Gift Cards (Grocery, Gas, etc.)  
Baby Care Items  
Disposable Diapers  
Baby Wipes  
Baby Formula  
Hygiene Products  
Over The Counter Medications  
First Aid Supplies

**Bright Horizons**  
Resources for Survivors of  
Domestic Violence and Sexual Assault

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Norfolk Office  
601 E Norfolk Ave  
Norfolk, NE 68701  
(402) 379-2026

O'Neill Office  
318 E. Douglas St.  
O'Neill, NE 68763  
(402) 336-1774

Ainsworth Office  
938 East Zero St  
PO Box 313  
Ainsworth, NE 69210  
(402) 382-5676

Crisis Line  
1-877-379-3798



[www.brighthorizonsne.org](http://www.brighthorizonsne.org)

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If you no longer want to be on Bright Horizons' newsletter mailing list, please contact Emily at 402-379-2026 or at [emily@brighthorizonsne.org](mailto:emily@brighthorizonsne.org)

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**Ask Us About Becoming a  
Volunteer!**

## Bright Horizons Services

- |                                    |                      |                      |
|------------------------------------|----------------------|----------------------|
| •24 Hour Crisis Line               | •Community Education | •Individual Advocacy |
| •Criminal Justice & Legal Advocacy | •Emergency Shelter   | •Support Group       |
- 

**24 Hour Crisis Line 1-877-379-3798**

**Providing services to Antelope, Boyd, Holt, Knox, Madison, Pierce,  
Stanton, Brown, Rock, and Keya Paha counties.**

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## Upcoming Events:

*See our flyers!*

Project Homeless Connect - June 28th  
Jennifer Sorrell's Memorial Walk—July 13th  
Bright Horizons Annual Garage Sale—July 25th

*Save the date!*

**Don't forget to sign up to get the newsletter electronically by emailing [emily@brighthorizonsne.org](mailto:emily@brighthorizonsne.org)!**

**Also find us online and on Facebook!**