

3rd Quarterly

Resources for Survivors of Domestic Violence and Sexual Assault

Protection Orders

By: Ruthie Kollmar, Norfolk Criminal Justice Liaison

Bright Horizons provides resources and services for survivors of domestic violence, sexual abuse, dating violence and stalking. One of the services we provide is assistance with protection orders.

A protection order (PO) is an order from a judge that offers protection for people from abuse, sexual assault or harassment. Once granted, a PO is valid for one (I) year. There are three (3) types of POs:



Domestic Abuse Protection Order – This PO is for individuals who are/were in a close or intimate relationship. This PO is granted if someone attempted to, threatened to, or actually caused bodily injury, or if someone intimidated the other person by a credible threat, or if someone engaged in sexual contact or sexual penetration without consent.

Harassment Protection Order - This PO is not relationship dependent. This PO is granted if someone makes numerous contacts with another person, via phone or personally, which seriously terrify, threaten or intimidate and which serve no legitimate purpose.

Sexual Assault Protection Order – This PO is not relationship dependent. This PO is granted if someone subjects or attempts to subject another person to sexual contact or sexual penetration without consent.

A person requesting a PO must personally fill out the forms, describing the incident(s) in detail (this is how the judge determines if the PO meets statute criteria), and the PO must be filed in the county where the incident(s) occurred. A person can obtain PO forms at Bright Horizons or at the courthouse or even via the Nebraska Supreme Court's website (which also has information about POs): https:// <u>supremecourt.nebraska.gov/self-help/protection-abuse</u>.

A protection order is a tool for law enforcement. If the PO is violated, the offender can be arrested and can face criminal charges. A PO can provide a sense of security for a survivor of domestic violence, harassment or sexual assault.

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We would like to recognize Brandy Starman, one of our crisis line volunteers! Brandy has been a crisis line volunteer at our agency for the past 3 years. Brandy was born and raised in Wisner and has been a nurse for 14 years. She enjoys being outdoors, a good book, and spends most of her time at her kids' activities. She has a daughter at UNO and a son who is a 7th grader. Brandy said she knew of a local agency where she lived previously and was looking for something similar when she moved to this area. "I simply wanted to give back my time to other women in need. Knowing from personal experience, I'm just glad I can pay it forward." - Brandy Starman Thank you Brandy for your dedication and all that you do for our agency! You are so very much appreciated!!!





Never doubt your ability to change someone's life. - Jacque Kennedy

Finding Kind

By: Felicia Rath, Campus Advocate

The Bright Horizons Campus Advocate was honored to participate in the Finding Kind Day Camp hosted by The Zone and JOI girls for the second time since they started the event last October. The mission behind the campaign is to bring awareness and healing to the negative and lasting effects of girl-against-girl bullying. On July 13th 40+ girls participated in the kind camp and explored the topic of "What Defines You?" with the help of a local panel of successful women. We watched a ted talk documentary on Lizzie Velasquez's - How do you define yourself and listened as the girls shared how they would choose to define themselves. This event was



made possible through winning the 2018 Youth Philanthropy Contest. With funds remaining we are considering another Finding Kind Day Camp for October 2018!

Education Available

Bright Horizons offers education on bullying, dating violence, healthy relationships, domestic violence, stalking, and sexual assault. We offer education for all ages, including schools, youth groups, and other organizations. If you are interested in having a speaker, please call the Norfolk, O'Neill, or Ainsworth office.



2nd Annual Project Homeless Connect

By: Lacy Kimes, Housing Supervisor

Over 350 guests were served at Project Homeless Connect Norfolk (PHCN) on June 22, 2018. Held at Norfolk Senior High, guests could receive a multitude of services for free in one day. Almost 40 area service providers were on-site and over 80 volunteers helped guests navigate through the event. Some of the services included dental, vision, medical and mental health screenings, haircuts, legal assistance and a hot meal. The PHCN planning committee began organizing the event last fall and successfully raised \$25,000. PHCN is completely funded by local businesses, grants and private donations. For those of you not familiar with PHCN, here is a short overview of how the day is set up: Guests en-



For those of you not familiar with PHCN, here is a short overview of how the day is set up: Guests entered Norfolk Senior High and were immediately paired with a navigator; a trained volunteer who guided

them throughout the event until they left the building. Navigators took the time to get to know their guest and then assisted them stopping at each provider to receive their service. Numerous free items were also available for guests that needed them; hygiene kits, sleeping bags, pillows and food. Free transportation to and from PHCN was provided by Ponca Express.

"I like the idea of having navigators be an advocate for the participants to make sure they contact the most important resource providers present and that they can be helped to assess the best way to meet their basic needs. I like the individual approach!"-PHCN Service Provider.

There are no income guidelines at PHCN; anybody can receive help. The name leads one to believe that a person must literally be homeless to qualify for help at PHCN, but that is not true. In fact, most of the guests have housing, but are struggling to make ends meet each day. They may be one paycheck away from being homeless. A new service this year was our Mobile Food Pantry. PHCN budgeted to purchase 22,000 pounds of food from Foodbank for the Heartland, and all was distributed! Guests left with a grocery cart full of food for free. Other new services were chiropractic care, immigration and legal services, free cell phones and plans, cab vouchers, and payments for rent, deposits, and birth certificates. PHCN focuses on each guest leaving with a plan to continue on their path of getting out of homelessness and poverty.

"My volunteer really advocated for me and that was amazing. You all made it comfortable to get the help and support I need."-PHCN Guest

Thank you to everybody that helped with PHCN. We look forward to our 2019 event! You can always stay up-to-date on PHCN at our website, www.projecthomelessconnectnorfolk.org and on our Facebook page.

8th Annual Garage Sale

By: Lacy Kimes, Housing Supervisor

On July 26th St. John's Lutheran Church in Norfolk raised over \$2,300 at Bright Horizons' 8th Annual Garage Sale. For the past eight years, the church has graciously donated their time to organize and hold this sale. The funds go right back to Bright Horizons so we can continue to help victims of domestic violence and sexual assault. Throughout the years this sale has continued to increase in size and attendance. The church does an amazing job putting the sale together and it's one that the community looks forward to year after year.

Because of St. John's Lutheran Church's continuous support, they have raised over \$10,000 in the past eight years and Bright Horizons is

forever grateful for their work. The funds allows our agency to cover costs that some grants won't pay, such as shelter expenses, and transportation needs. Thank you, St. John's Lutheran Church, for recognizing the need for Bright Horizons' services, and for opening your church and hearts to our cause.

Family Fit 'N Fun!

By: Ashley Johansen, Shelter Advocate

I recently had the pleasure of doing some outreach at the Fit N Fun event on July 21st. Like last year, I was very impressed with the activities that were available for the participants to enjoy. Bright Horizons had a fun bean bag toss game where the young and the young at heart were able to try to win either a pencil, bracelet or coloring book that promoted anti- bullying



awareness. All participants were given a fun sticker that also promoted anti bullying behaviors. We all had a wonderful time! One particular young man was so excited for his pencil because he was getting ready for his new school year. We also had promotional items for adults as well. Pens, notepads, and brochures of our agency's services were available as take aways. Not being from the Norfolk area, I always enjoy seeing and getting to participate in such wonderful community events. Last year had a total of around I200 people and I would not be surprised if this year's attendance had grown. It was a fantastic summer day for all who came out to Fit N Fun! See you next year!

2nd Annual Jennifer Sorrells Memorial Walk

By: Tori Thramer, O'Neill Program Director

Once again, the Jennifer Sorrells Memorial Walk was a success. The weather was beautiful, the company was great, the music was sweet and the speakers were inspirational. On July 21st in O'Neill, the family of Jennifer Sorrells, an O'Neill native, put on their second annual Jennifer Sorrells Memorial Walk. The family puts the walk on to honor their loved one who lost her life to domestic violence and to help raise awareness in a fight to end the violence.

During the walk there were a few different displays; one being the Silent Witness Project. The other display was the clothes line project. The Sorrells family wanted to put as much information out to the community about domestic violence, so by having these displays, it helped do just that. Throughout the course of the walk, they had speakers on domestic violence. These speakers were Holt County Attorney Brent Kelly, Linda Olson with Bright Horizons, and a survivor of domestic violence. The family plans to continue the memorial walk so it becomes and annual event. They are very devoted to ending domestic violence and getting the word out there that it's okay to ask for help.

We want to thank the Sorrells family for putting on this event and for raising awareness! This year, the walk brought in a little over \$200 that was donated to Bright Horizons. We are excited to see how this event will continue to grow in years to come.



Norfolk Retailer, Law Enforcement Partner to Help Kids in Need

By: Andrea Larson, Journalist at Norfolk Daily News July 30th, 2018

The clothes make the kid. That was the idea behind the second annual "Shop With a Cop" event at JC Penney's on July 28th in Norfolk. Eight schoolage children met with area law enforcement officers to do a little shopping before classes start back up in a few weeks Five of the students were living in the Bright Horizons crisis shelter in Norfolk and three were referred by The Zone afterschool program. All were identified as having a need, and Penney's manager Gary Munyer wanted to help out.



"I started this event last year. When I was younger, we didn't have any money, so my aunt took me shopping for school clothes. It felt so good — it gives you confidence to have new clothes. I wanted to do something like that for the kids around here," Munyer said.

Each of the eight children were paired with a law enforcement officer and given \$200 in gift cards to the store. The officers and the children all seemed to be smiling and having a good time. Another goal of the Shop With a Cop event was to foster a feeling of trust between the children and law enforcement, so they feel comfortable approaching authority in a time of need. Dustin Nutsch, a trooper with the Nebraska State Patrol, was rewarded with a hug from the small boy he was helping to shop. "Doing this was awesome. I've never gotten to do something like this before, and it was really neat to be a part of it," Nutsch said.

Law enforcement officers from the Madison and Stanton County Sheriff's Offices and the Wayne Police Department also took part in the event. Munyer said the \$1,600 for the children's gift cards was raised through grants from the Norfolk Kiwanis and from the JC Penney corporate office. Munyer's associates also raised money to support the children, he said. "It's a little bigger than last year, and we were able to help more kids this year. The more money we raise, the more kids we can help," Munyer said. Besides buying new clothes, the children involved were also fed lunch and given a free haircut — if they wanted one. "We're going to do this every year. It's the perfect time of year to get new clothes for these kids who really need it," Munyer said.

National Night Out

By: Kathryn Carlson, Shelter Advocate

National Night Out was held on August 7, in Central Park off of Pasewalk Ave. in Norfolk. Bright Horizons along with many other local social service organizations and law enforcement agencies took part in providing a fun night of activities and treats to children and adults in the community. Ashley and Kathryn manned the Bright Horizons booth, providing anti bullying bracelets, coloring books, pens, pencils, stickers and popsicles to help keep everyone cool on a hot night. The goal of National Night Out is to provide the community an opportunity to meet individuals who serve the community in social service agencies and law enforcement as well as creating a fun environment for kids of all ages! National Night Out is an annual event and we can't' wait to take part in next year's festivities.



Ainsworth Office Update

By: Elaine Ginter, Ainsworth Program Director

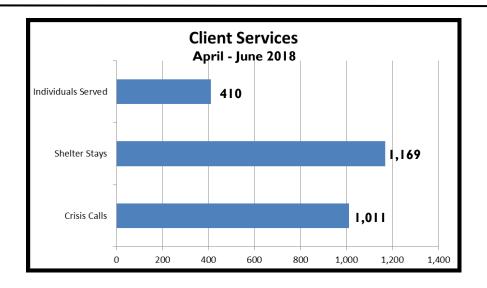
Bright Horizons continues to serve Brown, Rock, and Keya Paha counties with Elaine Ginter as the Program Director in Ainsworth. Elaine earned her Health and Wellness Certification and Community Health Worker title in 2014 while living in the Pacific Northwest. After serving in a transitional house for women, she recently returned to the sandhills of Nebraska where she raised her children. She is serving from the Ainsworth Bright Horizons' office that was established in July of 2015. Among her many duties, she accompanies survivors of abuse to court proceedings, provides application forms for domestic abuse and harassment protection orders, offers assistance with the application process and provides support at the hearings. At the survivor's request, she will also accompany them or the family through the court process for both civil and criminal proceedings.

To contact Elaine for assistance from Bright Horizons you may call the office in Ainsworth at 402-382-5676. After hours the phones are forwarded to the 24 hour crisis line, which then contacts an advocate for assistance. Elaine said, "As a Bright Horizons' advocate we offer one-on-one advocacy with an advocate to help assess the situation, evaluate their options and make safe decisions. Groceries and personal supplies are provided as needed and well as safe housing. Bright Horizons services are free and completely confidential and we offer shelters in O'Neill and Norfolk for those fleeing an unsafe home situation. We also work with the family members or friends of someone in an abusive situation to help them find the resources needed to best assist a victim."

Elaine grew up and lived in the Johnstown/Ainsworth area over 20 years ago and was very active in her spare time volunteering around the communities. She is already spending time attending local meetings and volunteering for projects in the Bassett and Springview area as well. If you need a volunteer for a local project, please feel free to contact her as she is always willing to help others in her spare time too. Elaine is especially looking forward to being a part of the Brown County Fair in Johnstown over the Labor Day weekend. You will find her in a Bright Horizons information booth or at the Dance Hall continuing a family tradition of serving sandwiches at the traditional pork or beef Bar-b-ques.

Meet Our New Staff!

Hello! My name is Deb Zimmerer and I recently accepted the position of Program Director in the Norfolk office. I have spent the past 23 years working with youth and families with serious emotional and behavioral disorders and am looking forward to bringing my experience to this position. I attended Wayne State College where I earned both my Bachelor's Degree in Counseling and later went back and received my MSE with an emphasis in Agency Based Counseling. I have three daughters, two stepsons and two very precious granddaughters who keep me busy! I'm looking forward to the rewards and challenges of providing services and supports and promoting awareness to victims of domestic and sexual abuse.



NOTE:

These numbers are unduplicated. This means if we worked with a victim 6 times in one month, we only count him/her ONE time for that month.

Last Quarter Supporters of Bright Horizons

Carol & Orlin Olson

Dave & Janet Eurok

Debra Jensen

Donna Jochum Donna Rector &

Friends

Gerald Schaaf

lan Glandt

lanet Roenfeldt &

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Norfolk

LWML Lutheran Women's District

Convention

LWML Lutheran

Ladies—Valentine

Mirage Salon & Spa-

Norfolk

Nebraska VR—

Norfolk

Norfolk Iron & Metal

Norfolk Morning

Kiwanis Club

North Central District Health

Department—

O'Neill

Ogden Hardware—

O'Neill

Our Savior Lutheran

Church—Norfolk

Rock County

Hosptial— Bassett

Sitz Chiropractic—

O'Neill

St. John's Lutheran

Ladies—Madison

St. Mary's Altar

Society—Spencer

St. Mary's Episcopal

Church—Bassett

State Farm/ Wakefield Insurance—O'Neill St. Paul's Lutheran

Church—Chambers The Willows Assisted

Living—Neligh

United Methodist

Church—Bassett





Bright Horizons Shelter Wish List

Paper Good Supplies Cleaning Supplies Air Fresheners Disinfectant Wipes/Spray Dish/Laundry Soap Fabric Softener Trash Bags- All sizes Light Bulbs 40-60 Watt Hand Soap Food Items

Bottled Water Zip-Lock Bags/Tupperware

You cannot get through a single day without having an impact on the world around you. What you do makes a difference, and you have to decide what kind of difference you want to make. Jane Goodall

Bedding (Twin & Full) Storage Totes Ice Melt Coffee, Filters, & Creamer Gift Cards (Grocery, Gas, etc.) Baby Care Items Disposable Diapers **Baby Wipes** Baby Formula Hygiene Products Over The Counter Medications

First Aid Supplies

Bright Horizons

Resources for Survivors of Domestic Violence and Sexual Assault

Norfolk Office 601 E Norfolk Ave. Norfolk, NE 68701 (402) 379-2026

O'Neill Office 318 E. Douglas St. O'Neill, NE 68763 (402) 336-1774

Ainsworth Office 938 East Zero St. PO Box 313 Ainsworth, NE 69210 (402) 382-5676

Crisis Line 1-877-379-3798



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www.brighthorizonsne.org

If you no longer want to be on Bright Horizons' newsletter mailing list, please contact Emily at 402-379-2026 or at emily@brighthorizonsne.org

Ask Us About Becoming a Volunteer!



Bright Horizons Services



•Community Education

•Individual Advocacy

Criminal Justice & Legal Advocacy

•Emergency Shelter

Support Group

24 Hour Crisis Line 1-877-379-3798

Providing services to Antelope, Boyd, Holt, Knox, Madison, Pierce, Stanton, Brown, Rock, and Keya Paha counties.



Upcoming Events:

Women's Wellness Event

Diaper Drive

October is Domestic Violence Awareness Month!

See our flyers for more details!

Don't forget to sign up to get the newsletter electronically by emailing emily@brighthorizonsne.org!

Also find us online and on Facebook!

