

# Bright Horizons

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## “Love Shouldn’t Hurt” Awareness Walk

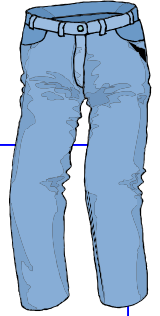
During Sexual Assault Awareness Month, Bright Horizons held our first “Love Shouldn’t Hurt” Awareness Walk on April 15, 2010 at Skyview Lake in Norfolk. With over 90 participants and several dogs walking around the lake, Bright Horizons considered this a huge success! Thank you to our sponsors for helping us make this happen: Culvers, Quiznos, Ricardos, Bora Bora Salon, Insurance and Associates, and Ansir4U. Thank you to everyone who participated in the walk or helped out in any way! We hope to see you there next year!

**Board Of Directors**

- Deb Milligan, President
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- Glen Waddle
- Kelli Lowe
- Steve Hecker
- Pastor Wayne Owens
- Terri Gross
- Rev. Jan Harris
- Paula Pflueger, United Way Liaison



# Denim Days Thank You



Thank you to all of the businesses and organizations listed below that participated in this year's Denim Days. Several participants raised donations by allowing their employees to wear jeans throughout the month of April and others set out a donation can. We appreciate everyone's help in raising sexual assault awareness as well as \$6,000 in donations! Look for us in April 2011!

## Norfolk Area

Sacred Heart Elementary School  
 St. Peter's Church-Stanton  
 Osmond Mini Mart  
 Schuettler's Grocery-Osmond  
 New Frontier Insurance-Osmond  
 Security National Bank-Osmond  
 Tien da Leon-Norfolk  
 La Macerena  
 El Rodeo  
 Orthopedic Clinic  
 Salvation Army  
 Plainview Health  
 Plainview Manor  
 The Meadows  
 Insurance Associates  
 Oasis Counseling  
 Andrews Van Lines  
 Andrews Van Lines Employees  
 Pinnacle Bank-Neiligh  
 Stanton Health Care  
 Premier Senior Marketing  
 District 7 Probation  
 Affiliated Foods Midwest  
 The Granary  
 Burrito King

Tyson Fresh Meats  
 American Title & Escrow  
 Kruse, Schumacher, Smejkal, &  
 Brockhaus, P.C.  
 Cople, Rockey, McKeever, &  
 Schlecht. P.C., L.L.O.

## O'Neill Area

Atkinson Library  
 Bank of Elgin  
 Blarney Stone  
 Boardman's Furniture & Pawn  
 Butte Health Care  
 Butte State Bank  
 Country Cottage Café  
 Cubbys  
 Dairy Queen  
 Drickey's Market  
 DW's Pub  
 Elms Motel  
 Fox's Food Plaza  
 Golden Living Center  
 JJ's Café  
 K. C. Roadrunner  
 Kathies Salon  
 Longbranch Saloon  
 Pamida Pharmacy

Pinnacle Bank  
 Pump and Pantry  
 Reiser Insurance  
 RF Gokie  
 Southside Mini Mart  
 Spencer State Bank  
 Sunrise Flower and Gift Shop  
 Sundowner  
 Valley Hope  
 Wakefield Ins.  
 West Holt Memorial Hospital  
 West Holt Pharmacy  
 Boomerangs  
 Westside Restaurant  
 Wm. Krotter Company  
 Great Western Bank  
 Community Wardrobe  
 Elementary School  
 North Central District Health Dept.  
 Heartland Counseling  
 Nebraska State Bank  
 Holt County Courthouse  
 Kaup's Insurance & Investments  
 Lech's Super Saver

## Education Available

**Bright Horizons offers education on bullying, dating violence, healthy relationships, domestic violence, and assault. We offer education for all ages, including schools, youth groups, and other organizations. If you are interested in having a speaker, please call (402)379-2026 or (402)336-1774.**

## Child Sexual Assault Prevention Training Available

Gina Clyde in the Norfolk Bright Horizons office has recently completed training to become a Stewards of Children facilitator for a revolutionary child sexual assault prevention training. Gina is now available to train your staff, organization members, or parent groups.

The training strives to educate adults to prevent, recognize, and react responsibly to child sexual abuse and motivates them to courageous action. It incorporates the “7 Steps to Protect Our Children”, which is a core educational tool for sexual abuse prevention.

The training covers the principles of choice, consciousness and personal power to promote an understanding of the nature and impact of child sexual abuse and provide a context for empowered action.

The 2.5 hour training is appropriate not only to systems that serve children daily, but also to individuals and businesses who want to respond to the epidemic nature of the problem. Cost is just \$15 per participant and they will receive an interactive workbook.

To book your training, please call Gina at 402-379-2026 today.

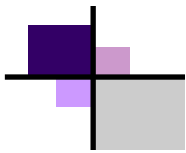
## Bilingual Services Available

María Martínez-Gibson and Myrian Juárez, Bilingual Advocates provide community based resources, support, and advocate services for survivors of assault and abuse. Both Bilingual Advocates have experience working with the Hispanic communities and are fluent in Spanish. Our advocates work with survivors by providing empowerment, which encompasses activities like support groups, accompaniment to court, and interpretation assistance. Myrian and Maria offer crisis support and advocacy to women and children residing in the Emergency Shelter.

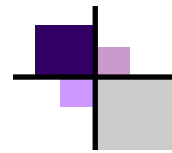
## Bright Horizons' New Faces

We would like to welcome several new staff members to our team at Bright Horizons! Audrea Hoffmann is our new Volunteer Coordinator in our Norfolk Office. Myrian Juarez is our new full time Bilingual Advocate at our Norfolk shelter. Jen Arens is the new Criminal Justice Liaison in the Norfolk office. Abbie Swanson is our new advocate in the O'Neill office. We are very excited to have these ladies on board and providing client services!

With that, we would also like to say good-bye to Karen Crooks, the former Program Director in Norfolk, and Jenny Brandow, the former Criminal Justice Liaison in Norfolk. Thank you for all your work and service to our agency and clients. We wish you the best of luck in your new endeavors!



## Make a Difference: VOLUNTEER!



Would you like to get to know more people and become more involved in your community? Do you want to be a part of a great team or explore a new career? Do you want to positively impact someone's life or expand your own life skills? You can accomplish all of these things and more by volunteering at Bright Horizons! You have a unique opportunity to become trained as a Volunteer Advocate for our agency. The following are just a few of the volunteer jobs we offer:

Crisis Line Advocate	Translator
Office Assistant	Support Group Assistant
Outreach Assistant	Transportation Aide
Donations Organizer	Housekeeping Assistant
Shelter Advocate	

Crisis Line Volunteers are available 24 hours a day, 7 days a week to respond to victims in need. Our staff provides back-up assistance to all volunteers. By using our agency cell phone or your own personal cell phone, you have the flexibility to continue your day to day activities. You can also work more directly with the community and our staff by becoming an office, outreach, or shelter assistant. Along with helping others, you can obtain valuable job skills, make new friends, and have more to include on your resume or application by volunteering for Bright Horizons.

The amount of time you wish to volunteer and your specialization is up to you! You can choose to give one day/evening a week or even one week a month, whatever time commitment best fits your schedule. Along with training you to become an advocate, we will run a background checks on all volunteers to ensure safety.

## Mobile Food Bank



On June 11, 2010 the Omaha Food Bank brought a Mobile Food Pantry to O'Neill Nebraska. The truck held 15,000 pounds of food and served 376 individuals, and was sponsored by Bright Horizons, CNCS, and Norfolk Area United Ways. It was an amazing turn out, and we plan to hold another Mobile Pantry in Boyd County in a few months.

# Take your Daughter and Son to Work Day

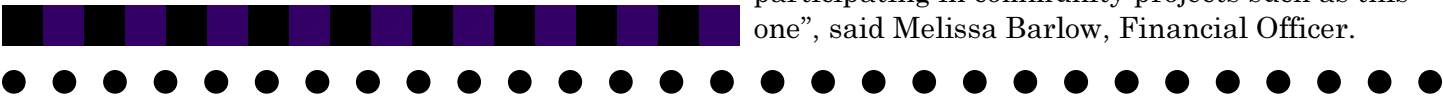
Farm Credit Services of America in O’Neill celebrated “Take your Daughter and Son to Work Day” on Thursday April 22<sup>nd</sup>. Employees were encouraged to bring their children, grandchildren, or family friends to work so that they could learn more about the work environment and do a community service project.



Front Row (left to right); Jayden Arhart, Kaleb Pofahl, Brady Thompson, & Lilly Thompson. Back Row (left to right) Danae Smith, Shelby Keetle, & Bailey Thompson

Farm Credit Services of America chose to do a service project for Bright Horizons. Linda Olson from Bright Horizons came and spoke to the children about the services that they offer to families affected by domestic violence. The adults and children then made the two fleece blankets at the office. The youth were given \$5.00 each to spend and they picked out other items to purchase for Bright Horizons. Items purchased included toiletries and personal care items.

The youth visited the Bright Horizons office and presented the blankets and other items to the staff at Bright Horizons. “The children had a wonderful time completing this community project. Our goal with this project was to teach the children to give back to the community by participating in community projects such as this one”, said Melissa Barlow, Financial Officer.

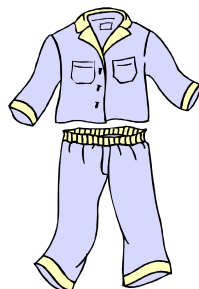


Members of St. Joseph’s 7<sup>th</sup> grade CCD class made four kids fleece blankets which they presented to Linda Olson of Bright Horizons. Students pictured are Derek Dohrman, Paige Mitchell, Tate Mathis, Luke Welborn, and Courtney Hostert. Not present were Alex Fritz, Jacob Tasler, and Lukas Laible.



## Bright Horizons Wish List

- Paper products
- Cleaning supplies & laundry soap
- Gift, gas, or phone cards
- Pots, Pans, Dishes
- Used Children’s Clothing



- New Underwear & Socks for Women & Children
- Pajamas for Women & Children
- Microwaves
- Televisions
- Diapers in size 5-6

## ***Lindsay Ann Burke Act***

Lindsay Ann Burke was a Rhode Island woman killed by an ex-boyfriend in September of 2005. After her death, her family campaigned for a law to help bring an end to dating violence. Originally passed in Rhode Island, the L.A.B Act has now been adopted by Nebraska.

This act states that school staff and students are required to be educated about dating violence and healthy relationships. We are available to help schools create a policy to allow better awareness and understanding of dating violence. We can tailor a program to meet school requirements and requests. We offer assistance to school staff in the creation of a school policy, as well as, conducting the trainings.

“...All students have a right to work and study in a safe, supportive environment that is free from harassment, intimidation and violence.” “The Legislation therefore finds and declares that a policy to create a better understanding and awareness of dating violence shall be adopted by each school district. It is the intent of the Legislature to require each school district to establish a policy for educating staff and students about dating violence.” (LB63-NE)

Please contact us if your school could benefit from our services.

Norfolk – 402-379-2026

OR

O’Neill – 402-336-1774

# Last Quarter Supporters of Bright Horizons

## Norfolk Area Supporters

Dave Steffen  
 Ehrenfred & Alice  
 Kim Hormon  
 Bob & Judy Eggerling  
 Joanie Brown  
 Tonya Asmus  
 Joan Brudigan  
 Kim Madsen  
 Joe Wolfman  
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 Kristy Goetsch  
 Patricia Moeller  
 Melodee Drenkon  
 Stephen O'Neill  
 Randy Morehead  
 Joan Swerczek  
 Curves (Norfolk)  
 Countryside Home  
 Western Methodist Church  
 St. Francis CCD program



St. Francis Catholic Church  
 Grace Community  
 Our Savior Women of ELCA  
 St. Peter & Paul (St. John Churches)  
 Grace Community  
 Kensington Club  
 Jolene Smith (American Legion Auxiliary)  
 Don & Laurie Millard (Good Life Counseling)  
 Ken Hamsa (Ken's Band Instrument Repairs)  
 Immanuel Lutheran Ladies Aid  
 United Methodist Church

## O'Neill Area Donors

Mary Dercheid  
 Maurice Grutsch  
 Charles Cravens  
 Raydean Kunz Estate  
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 Tara Baker  
 Mellisa Wenger  
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Stephanie Cuddy  
 Sue Iverson  
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 Luvonel Lewis  
 Connie Weichman  
 Janice Vosler  
 Lorraine Etherton  
 Valley Hope  
 St. Pauls Luthern Church  
 Faith Hope and Love Church Women  
 CO Enterprise  
 St. Mary's Alter Society  
 Sacred Heart Parish  
 Page United Methodist Women  
 Butte State Bank  
 Reiser Insurance  
 Spencer State Bank  
 Rosebud Quilt Guild  
 Nebraska State Bank  
 West Holt Medical Clinic  
 Horses Unlimited 4H  
 Wm. Krotter Company  
 Ericson/Bartlett Quilters  
 St. Mary's in Spencer  
 St. Joseph's 7<sup>th</sup> Grade CCD  
 Farm Credit Services  
 Inman Community Church

### **YES, I WANT TO HELP VICTIMS OF DOMESTIC AND SEXUAL VIOLENCE!**

Your thoughtful donation will help to provide free and supportive services to clients in need.

- Enclosed is my donations of \$\_\_\_\_\_
- This donation is in honor or in memory of (circle one) \_\_\_\_\_
- My gift is anonymous. Please do not list my name in Bright Horizons publications.
- I want to make a difference by volunteering.

Name \_\_\_\_\_ Organization \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Please send me information about:

- Bright Horizons Services/Programs
- Volunteer Opportunities
- Bright Horizons Community Presentations
- Domestic Violence/Sexual Assault Information

**BRIGHT HORIZONS  
RESOURCES FOR SURVIVORS OF DOMESTIC  
VIOLENCE AND SEXUAL ASSAULT**

Norfolk Office  
305 N. 4th St.  
P.O. Box 1904  
Norfolk, NE 68702  
(402)379-2026

O'Neill Office  
318 E. Douglas St.  
O'Neill, NE 68763  
(402)336-1774

Crisis Line  
1-877-379-3798



If you no longer want to be on Bright Horizons' newsletter mailing list, please contact Gina at 402-379-2026 or at [bhgina@telebeep.com](mailto:bhgina@telebeep.com)

**Ask Us About Becoming  
a Volunteer!**

## **Bright Horizons Services**

- 24 Hour Crisis Line
- Community Education
- Individual Advocacy
- Criminal Justice & Legal Advocacy
- Emergency Shelter
- Support Group

**Call 379-3798 or 336-1774 or 24 Hr Crisis Line 1-877-379-3798**

**Providing services to Antelope, Boyd, Holt, Knox, Madison, Pierce, and Stanton Counties.**

### **Upcoming Events:**

October is Domestic Violence Awareness Month—Event Information TBA in next newsletter!

Know/Pierce County CRT Meeting: Noon in Plainview—July 22, 2010

Madison County CRT Meeting: Noon in Madison—July 8, 2010